

VIRGINIA REELER'S PLUS LEVEL REFRESHER GUIDE

The material in this document was assembled week-by-week as the various calls were introduced to the Winter/Spring 2011 Virginia Reelers' Plus Level class. The explanations are intended to document classroom activity, and are not always "complete." For example, a certain call may have been taught from one formation only, but it is possible for the call to be used from other starting formations. In this case, only the formation presented in class is described here. For greater detail on alternative formations, styling, definitions, and other related information, you are referred to CallerLab's document entitled Plus Definitions accessible from the following website:

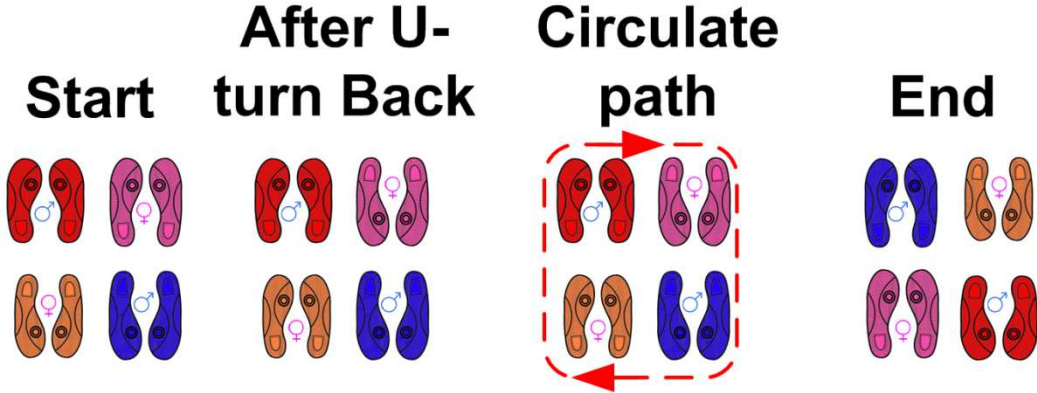
<http://www.callerlab.org/DancePrograms/DanceProgramDocuments/tabid/610/grm2catid/30/Default.aspx>

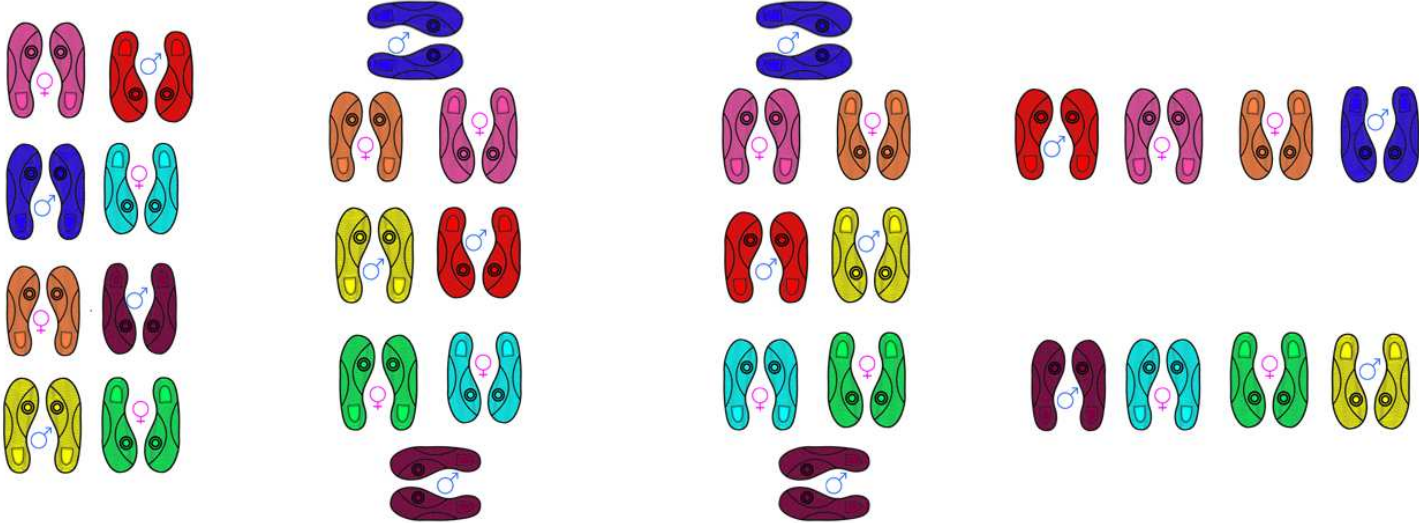
The calls are listed alphabetically (by request). Every effort has been made to describe the calls in easy-to-understand terms, but in many cases, diagrams have been included to better illustrate the dance action. Additionally, links have been provided for each call that will take you directly to the TAMinations website where you can watch the call being executed by animated dancers. Just click the "Play" button below the animation screen.

Links have also been provided for each call that will take you to the Saddlebrooke Squares Dancing Club website. There you can watch a video with actual square dancers executing the particular call you are interested in. The links provided in this document will take you to the correct video, but since each video demonstrates several calls, you will need to locate the specific call you want within the video.

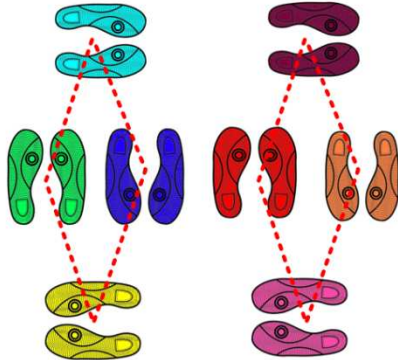
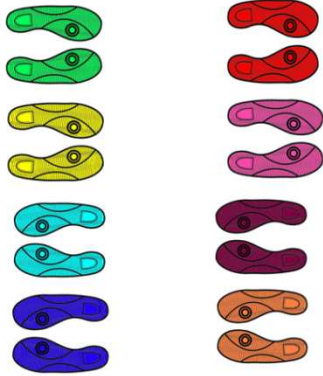
Name of Call	Description
(Anything) and Roll	<p>The "and roll" phrase is sometimes added to other calls (anything). For example, the caller might say, "Slide Thru and Roll." The dancers complete the primary call as usual, but then each dancer individually <i>continues</i> his/her rotation (same direction they are already turning) for another 90°. It's as if the dancers had inertia that caused them to over-rotate by ¼ turn.</p> <p style="text-align: center;">TAMinations Demo Saddlebrooke Video</p>

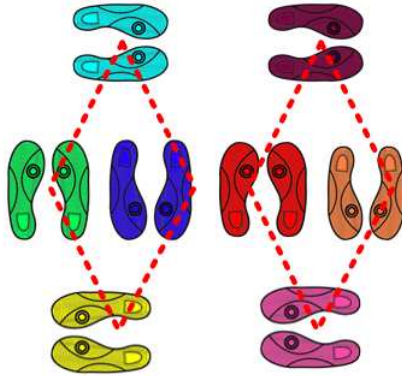
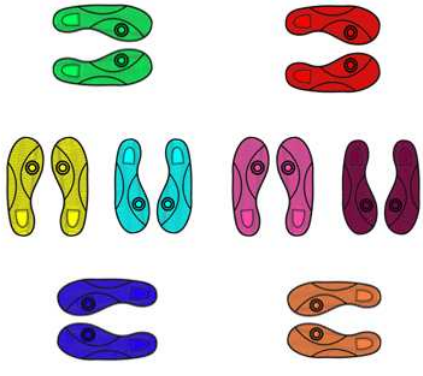
Name of Call	Description
(Anything) and Spread	<p>The “and spread” phrase is sometimes added to other calls (anything). For example, the caller might say, “Follow Your Neighbor and Spread.” Or, he might say, “Wheel and Deal and Spread.” The exact action varies slightly depending on the dance formation, but in general, the directed or lead dancers simply spread apart (slide sideways) and the other dancers step into the newly-created space. The official definition (accessible via the link at the top of this document) provides more detail on the three possible dance formations, but this is often self-evident for any given call.</p> <p style="text-align: center;"> TAMinations Demo Saddlebrooke Video </p>
¾ Tag the Line	<p>Starts from various parallel line formations. Each dancer turns in place to face the center of the line just as in a normal Tag the Line call. The dancers then walk forward passing right shoulders with oncoming dancers. The lead dancers pass by two other dancers and end facing out. Trailing dancers pass by one dancer and then step to a right-hand Ocean Wave in the center of the set.</p> <p style="text-align: center;"> TAMinations Demo Saddlebrooke Video </p>
Acey Deucey	<p>Starts from two parallel ocean waves. The center dancers do a trade (rotate 180° with the pivot point at their joined hands). At the same time, the end dancers do a normal circulate (one position).</p> <p style="text-align: center;"> TAMinations Demo Saddlebrooke Video </p>
All 8 Spin the Top	<p>It is important to remember, that even though the action for this call appears different that the normal Spin the Top call, the definition is essentially identical: Half by the right, ¾ by the left, and the ends move up. All 8 Spin the Top is often called while the dancers are in the midst of a right and left grand call. For example, while the right and left grand is in progress, the caller might say, “When you meet you partner, All 8 Spin the Top.” When the partners meet, they do a 180° arm turn (i.e., half by the right). As the arm turn completes, the ladies will be on the inside of the circle, and they form a left-hand star. They turn the star formation ¾ of a turn (i.e., ¾ by the left). As the ladies are turning the star, the boys continue ¼ of the way around the circle where they will again meet up with their partner (i.e., ends move up). That completes the call. It is common for this call to be issued twice in succession: Once at the end of a right and left grand, and once when the partners meet up again after doing the first all 8 spin the top call.</p> <p style="text-align: center;"> TAMinations Demo Saddlebrooke Video </p>

Name of Call	Description
Chase Right	<p>Starts from back-to-back couples. The right-hand dancer (generally the lady) does a U-turn to her right and then circulates two positions within the box of four dancers. The left hand dancer (generally the boy) “chases” the girl by circulating two positions within the box of four dancers. Original partners also end as partners, but they will be facing in opposite directions from each other. The starting and ending formations are illustrated in the following diagrams:</p> <div style="text-align: center;">  <p>The diagram illustrates the 'Chase Right' call sequence through four stages:</p> <ul style="list-style-type: none"> Start: Four dancers in a 2x2 grid. Top row: Red (Male) and Pink (Female), back-to-back. Bottom row: Brown (Female) and Blue (Male), back-to-back. After U-turn Back: The dancers have turned to face each other. Top row: Red (Male) and Pink (Female). Bottom row: Brown (Female) and Blue (Male). Circulate path: A dashed red box encloses the four dancers. Red arrows indicate a clockwise path: from the top-left (Red) to top-right (Pink), then to bottom-right (Blue), then to bottom-left (Brown), and back to top-left (Red). End: The dancers are in a new formation. Top row: Blue (Male) and Brown (Female). Bottom row: Pink (Female) and Red (Male). <p style="text-align: center;"> TAMinations Demo Saddlebrooke Video </p> </div>

Name of Call	Description
Coordinate	<p data-bbox="359 284 1955 423">Starts from a columns formation. All dancers circulate 1 ½ positions. This will leave two isolated dancers on the ends of the columns and three same-sex couples in the actual column formation as illustrated by the second diagram below. The three paired couples trade (i.e., maintain their handhold and rotate 180°) as shown in the third diagram. All the boys then move up to the nearest girl to form ends of two lines as shown in the right-most diagram below.</p> <div data-bbox="478 488 1873 1166"> <p style="text-align: center;"> Start After 1 ½ Circulate After Same-Sex Trade End </p>  </div> <div data-bbox="816 1252 1075 1284" style="text-align: center;">TAMinations Demo</div> <div data-bbox="1255 1252 1514 1284" style="text-align: center;">Saddlebrooke Video</div>

Name of Call	Description
Crossfire	<p data-bbox="359 282 1978 423">Generally begins from a two-faced line formation as shown in the diagram below. The ladies trade as the boys cross fold. Once the trade is complete, each lady steps forward into the right hand of her new partner. Since the trade and cross fold actions occur simultaneously, the boy will essentially follow his original partner as she does her trade with the other lady. The boy will end up standing directly behind his original partner.</p> <div data-bbox="575 532 1766 1299"> <p data-bbox="1163 532 1318 574">Action</p> <p data-bbox="680 651 800 693">Start</p> <p data-bbox="1633 651 1732 693">End</p> </div> <p data-bbox="816 1336 1075 1369">TAMinations Demo</p> <p data-bbox="1257 1336 1516 1369">Saddlebrooke Video</p>

Name of Call	Description
Cut the Diamond	<p data-bbox="359 282 1978 423">Starts from diamonds position. The dancers initially on the points slide toward each other and join inside hands. They then do a trade (i.e., maintain their handhold and rotate 180° as a unit). They will become centers of a new ocean wave. The dancers initially in the wave do a normal diamond circulate to become ends of the new wave perpendicular to the original diamond wave.</p> <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;"> <p data-bbox="827 456 968 505">Start</p>  <p data-bbox="816 1040 1079 1073">TAMinations Demo</p> </div> <div style="text-align: center;"> <p data-bbox="1402 456 1518 505">End</p>  <p data-bbox="1257 1040 1520 1073">Saddlebrooke Video</p> </div> </div>

Name of Call	Description
Diamond Circulate	<p>Starts from diamonds position (see illustration). All dancers move forward to the next sequential position within their diamond as indicated in the following illustration. Those originally on the points of the diamonds move to a wave in the middle. Those originally in the wave move to a point position. As a reminder of the diamond position, dancers in the point positions generally point their finger toward the center of the diamond.</p> <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;"> <h3>Start</h3>  <p>TAMinations Demo</p> </div> <div style="text-align: center;"> <h3>End</h3>  <p>Saddlebrooke Video</p> </div> </div>
Dixie Grand	<p>Can start from several different formations, but will always have at least one set of facing couples. When the call is issued, everyone who can join right hands with a facing dancer does so and then pulls by. Then all couples do a left pull by, and a right pull by. The general dance movements are similar to a right and left grand in that there are alternate right and left pull bys. As the call progresses, the dance formation will evolve into a circle. In many cases, you will end facing your corner, so the caller often follows this call with an Allemande Left.</p> <div style="display: flex; justify-content: space-around; align-items: center;"> <p>TAMinations Demo</p> <p>Saddlebrooke Video</p> </div>

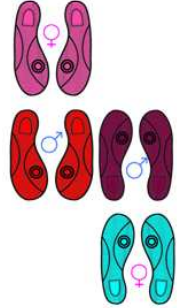
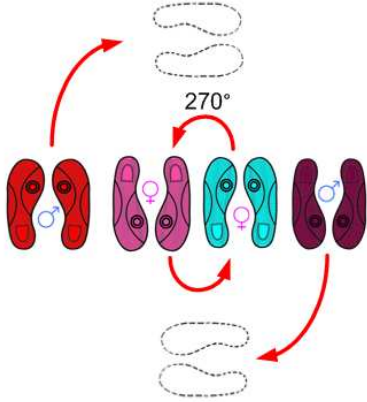
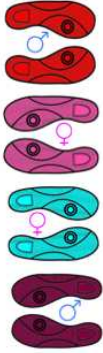
Name of Call	Description
Explode and Anything	<p>Starts from ocean waves. All dancers release their handholds and take a step forward. Everyone then turns 90° toward the center of the original wave to face another dancer who has just stepped forward. That is the end of the “explode” portion of the call. The dancers then do the “anything” part, which is any other legal call. For example, the caller might say, “Explode and Touch a Quarter.”</p> <p style="text-align: center;"> TAMinations Demo Saddlebrooke Video </p>
Explode the Wave	<p>Starts from ocean waves. All dancers release their handholds and take a step forward. Everyone then turns 90° toward the center of the original wave to face another dancer who has just stepped forward. They then do a right-hand pull by to end in a back-to-back couples formation.</p> <p style="text-align: center;"> TAMinations Demo Saddlebrooke Video </p>
Extend	<p>Can start from several positions. All directed dancers simply take a step forward. If two sets of dancers meet as a result of the extend call, they adjust to form an ocean wave. If after taking a step forward you are not facing any other dancers, then just join hands with any adjacent dancer and remain in that position until the next call.</p> <p style="text-align: center;"> TAMinations Demo Saddlebrooke Video </p>
Fan the Top	<p>This is exactly the same as “Spin the Top” with one exception: It does not start off with a “1/2 by the right” action. So, from an ocean wave (or two-faced line), the center dancers turn $\frac{3}{4}$ by the left to form the center of a new (perpendicular) ocean wave. While the centers are turning, the end dancers walk forward and make a 90° arc to their right to end up on the ends of the new ocean wave.</p> <p style="text-align: center;"> TAMinations Demo Saddlebrooke Video </p>

Name of Call	Description
Flip the Diamond	<p data-bbox="359 282 1978 386">Starts from diamonds position. The dancers initially on the points flip 180°, side step toward the center of the diamond, and join hands with the other point dancer. They will become centers of a new ocean wave. The dancers initially in the wave do a normal diamond circulate to become ends of the new wave perpendicular to the original diamond wave.</p> <div data-bbox="598 451 1627 954"> </div> <p data-bbox="816 1045 1075 1078">TAMinations Demo</p> <p data-bbox="1257 1045 1516 1078">Saddlebrooke Video</p>

Name of Call	Description
Follow Your Neighbor	<p>Starts from a box circulate formation (see diagram below). The in-facing dancers (generally the boys) step toward each other, join right forearms, and then turn $\frac{3}{4}$ (270°) to become centers of a new wave. While the boys are turning, the out-facing ladies do a looping $\frac{3}{4}$ turn in the direction of their original partner (i.e., they follow their neighbor) to become ends of the new ocean wave. The general dance action is illustrated below.</p> <p>The Follow Your Neighbor call is often combined with “And Spread.” The caller would say, “Follow Your Neighbor and Spread.” The general action is identical except that the ladies slide together in the new wave before the boys complete their $\frac{3}{4}$ turn. As the boys complete their $\frac{3}{4}$ turn, they spread apart and get on the ends of the new wave.</p> <div data-bbox="724 592 1417 1242" style="text-align: center;"> <p>Start Basic Action End</p> </div> <p style="text-align: center;"> TAMinations Demo Saddlebrooke Video </p>

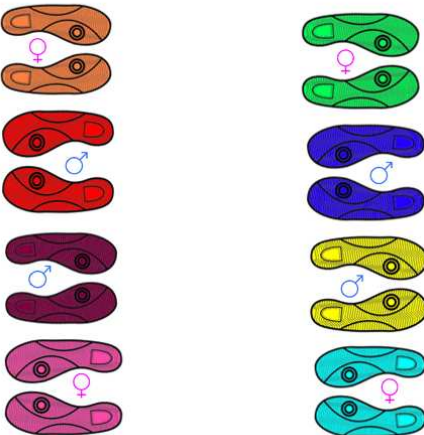
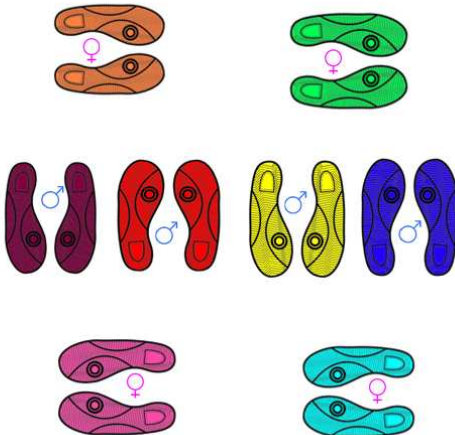
Name of Call	Description
Grand Swing Thru	<p>This is exactly the same as a normal swing thru with one exception: All the dancers are in a single ocean wave (called a tidal wave). So, when the call is given those who can, turn 180° by the right hand, then those who can, turn 180° by the left hand. (i.e., Those who can turn ½ by the right, then those who can, turn ½ by the left.)</p> <p style="text-align: center;"> TAMinations Demo Saddlebrooke Video </p>
Linear Cycle	<p>Starts from an ocean wave formation. This call can be thought of as consisting of three basic Mainstream calls and one Plus Level call.</p> <ol style="list-style-type: none"> 1. Single hinge 2. Girls fold 3. Double pass thru 4. Peel off <p>The ends of the ocean wave and their partners start by doing a single hinge. The out-facing dancers (generally ladies) then fold behind their partners. She then follows her partner as they essentially do a double pass thru with the other two dancers in their original wave. They then peel off (i.e., the leading boys do a slight semicircle away from center to become the ends of a line while the trailing girls do a U-turn back to become centers of the new line. Many dancers verbalize this action as a memory aid by saying, “Hinge, Fold, Follow, Peel.”</p> <p style="text-align: center;"> TAMinations Demo Saddlebrooke Video </p>

Name of Call	Description
Load the Boat	<p>Generally starts from facing lines. The action for a specific dancer is determined by their position (either end or center) in the starting line formation. Let's look at these two starting positions separately.</p> <p>Ends: The ends move forward in a semicircle around the outside of the overall formation. Each end dancer will meet three other dancers on the way around. When two dancers meet, they pass right shoulders as usual. Additionally, meeting dancers often touch hands (slap gently). The first dancer you meet (the person facing you in the initial lines formation) will also be the third dancer you meet. As you pass the third dancer, turn $\frac{1}{4}$ in and stand beside that person as a couple.</p> <p>Centers: The centers start by doing a slide thru followed by a partner trade. They then do a pass through with the other center dancers and end facing the original end dancers.</p> <p>This call can be very confusing at first simply because there is a lot of seemingly unrelated movement. But, if you stay focused on your specific actions (detailed above) and try to ignore the other activity around you, then it becomes surprisingly simple to execute.</p> <p style="text-align: center;"> TAMinations Demo Saddlebrooke Video </p>
Peel Off	<p>Can start from multiple formations, but will always have leading and trailing dancers. The lead dancers walk forward in a semicircle <i>away from the center</i> of the formation. They will become ends of a new line. The trailing dancers step straight ahead and do a U-turn back (turning away from center) to become centers of the new line. At the end of the call, all dancers will be facing in the opposite direction from which they started.</p> <p style="text-align: center;"> TAMinations Demo Saddlebrooke Video </p>

Name of Call	Description
Peel the Top	<p>This call can be thought of as consisting of two other Plus Level calls:</p> <ol style="list-style-type: none"> 1. Peel off 2. Fan the top <p>The call frequently starts from a Z formation (see diagram). The boys peel off as the girls step forward and join adjacent forearms (usually left forearms). At this point the 4 dancers have formed an ocean wave with the girls in the center. They then do a normal Fan the Top to complete the call.</p> <div style="text-align: center;"> <h3>Boys Peel Off & Girls Move Up</h3> <div style="display: flex; justify-content: space-around; align-items: flex-start;"> <div style="text-align: center;"> <h4>Start</h4>  </div> <div style="text-align: center;"> <h4>Fan the Top</h4>  </div> <div style="text-align: center;"> <h4>End</h4>  </div> </div> <div style="display: flex; justify-content: center; margin-top: 20px;"> <div style="margin-right: 100px;">TAMinations Demo</div> <div>Saddlebrooke Video</div> </div> </div>

Name of Call	Description
Ping Pong Circulate	<p data-bbox="359 282 1965 423">Starts with an ocean wave in the center and two in-facing couples on either side of the wave. If you are in the wave initially, you do a pass through with the outside couple and then do a partner trade to become an outside couple. The two couples initially on the outside do a pass through (with those initially in the wave) and then form an ocean wave with the other couple who was initially on the outside. The dance action is illustrated below.</p> <div data-bbox="659 461 1692 959" style="text-align: center;"> <div style="display: flex; justify-content: space-around; font-weight: bold; font-size: 1.2em;"> Start End </div> <div style="display: flex; justify-content: space-around; margin-top: 20px;"> <div data-bbox="816 1068 1075 1101" style="text-align: center;">TAMinations Demo</div> <div data-bbox="1257 1068 1516 1101" style="text-align: center;">Saddlebrooke Video</div> </div> </div>

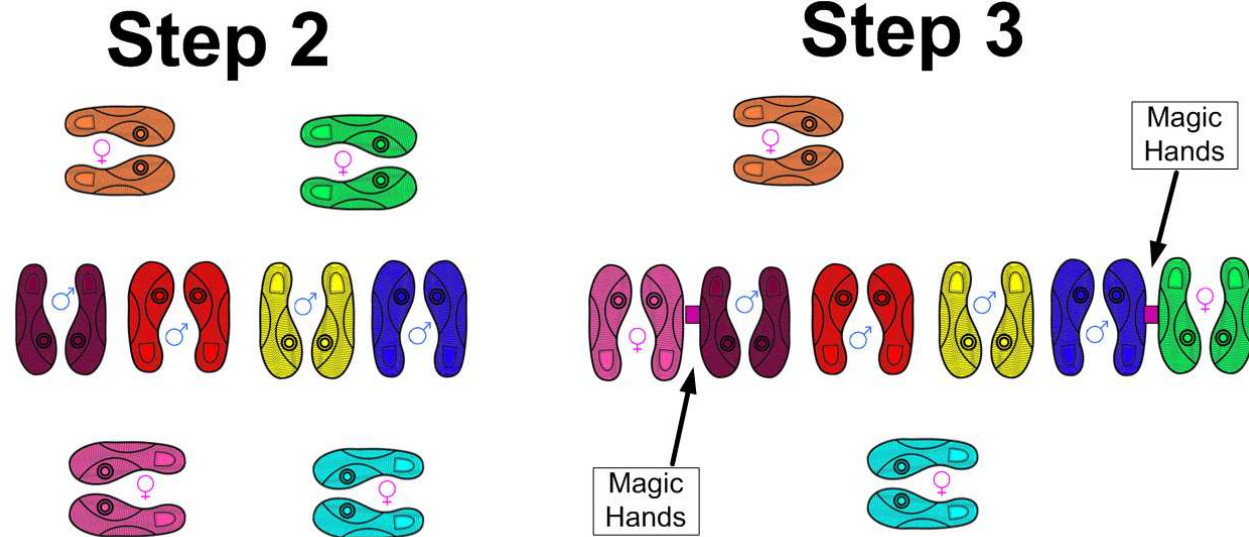
Name of Call	Description
Relay the Deucey (Part 1)	<p>Starts from two parallel ocean waves (generally having girls in the center of each wave as shown in the starting diagram below.) As an individual dancer, you will either be circulating around the outside of the overall formation, or you will be working your way through a wave that will form down the middle of the formation. At the very start of this call, it is important to remember the person holding your right hand. This is sometimes called “The Magic Hand,” since you will get on and off the wave with this person and this hand. You will also end up holding this same hand at the end of the call.</p> <p>The first action is for all dancers to do a ½ by the right (half of a normal swing thru). The result at this point is shown Step 1.</p> <div data-bbox="373 646 1554 1242" style="text-align: center;"> </div>

Name of Call	Description
Relay the Deucey (Part 2)	<p data-bbox="359 284 1675 316">Next, the center dancers (boys) turn $\frac{3}{4}$ as a unit. See Step 2 (Step 1 is repeated for ease of comparison.)</p> <div data-bbox="577 438 1753 974"> <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;"> <h3 data-bbox="651 438 871 511">Step 1</h3>  </div> <div style="text-align: center;"> <h3 data-bbox="1396 438 1617 511">Step 2</h3>  </div> </div> </div>

Name of Call	Description
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Relay the Deucey (Part 3)

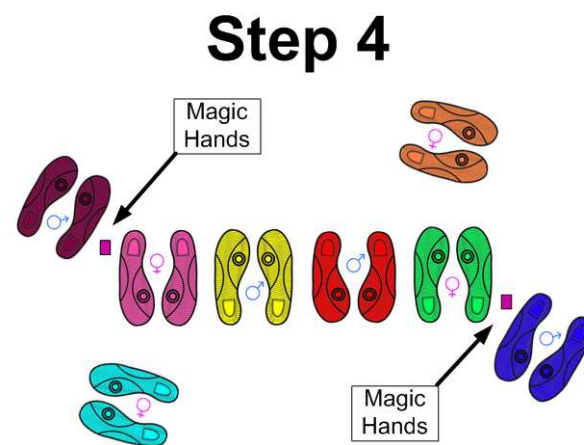
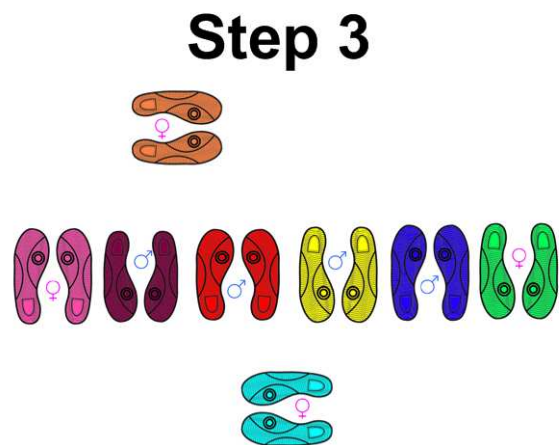
As the boys are turning, the current out-facing girls move up to become ends of a 6-person wave, and the current in-facing girls begin to circulate. See Step 3 (Step 2 is repeated for ease of comparison.)

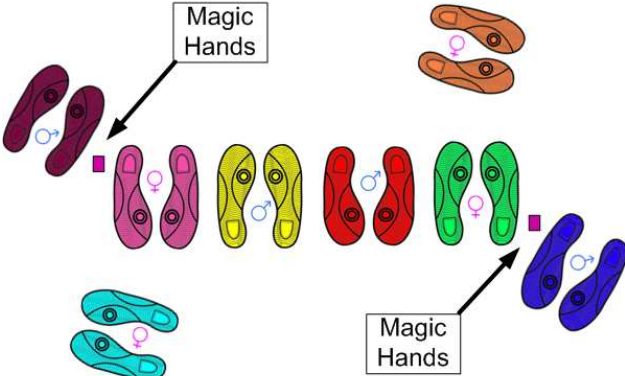
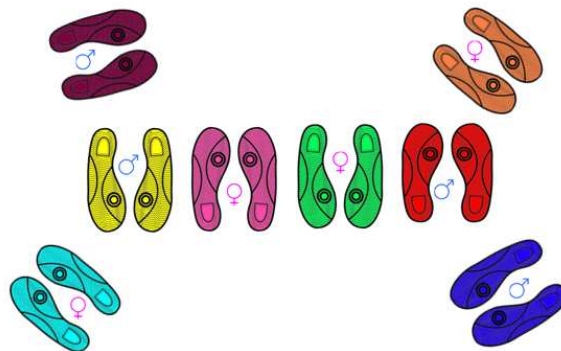


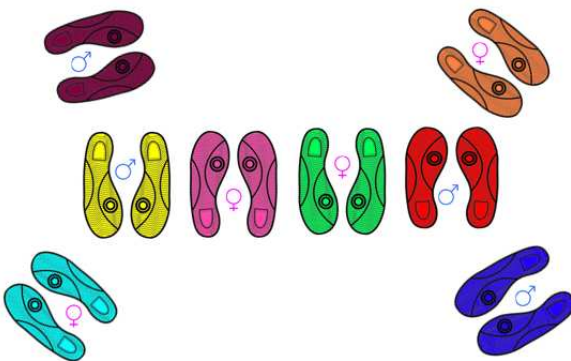
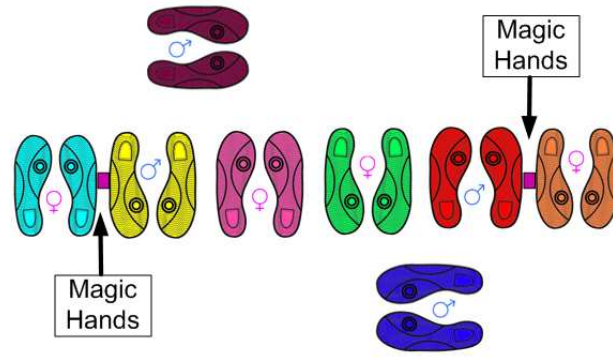
Name of Call	Description
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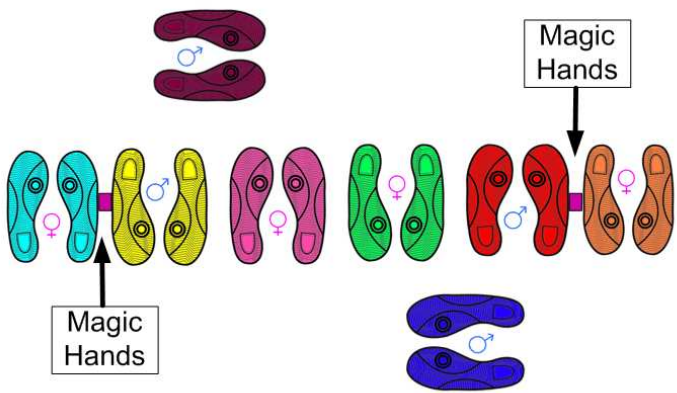
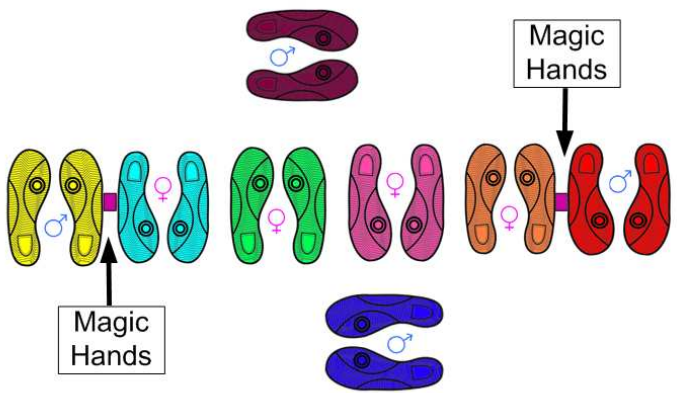
Relay the Deucey (Part 4)

Those in the wave now do a Grand Swing Thru. After the “half-by the right” part of the Grand Swing Thru, two boys drop off the end of the wave and begin to circulate. See Step 4 (Step 3 is repeated for ease of comparison.)



Name of Call	Description
Relay the Deucey (Part 5)	<p data-bbox="357 284 1921 349">Those still in the wave complete the Grand Swing Thru by doing a ½ by the left. See Step 5 (Step 4 is repeated for ease of comparison.)</p> <div data-bbox="483 470 1848 941"> <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;"> <h3 data-bbox="693 479 892 535">Step 4</h3>  </div> <div style="text-align: center;"> <h3 data-bbox="1459 479 1659 535">Step 5</h3>  </div> </div> </div>

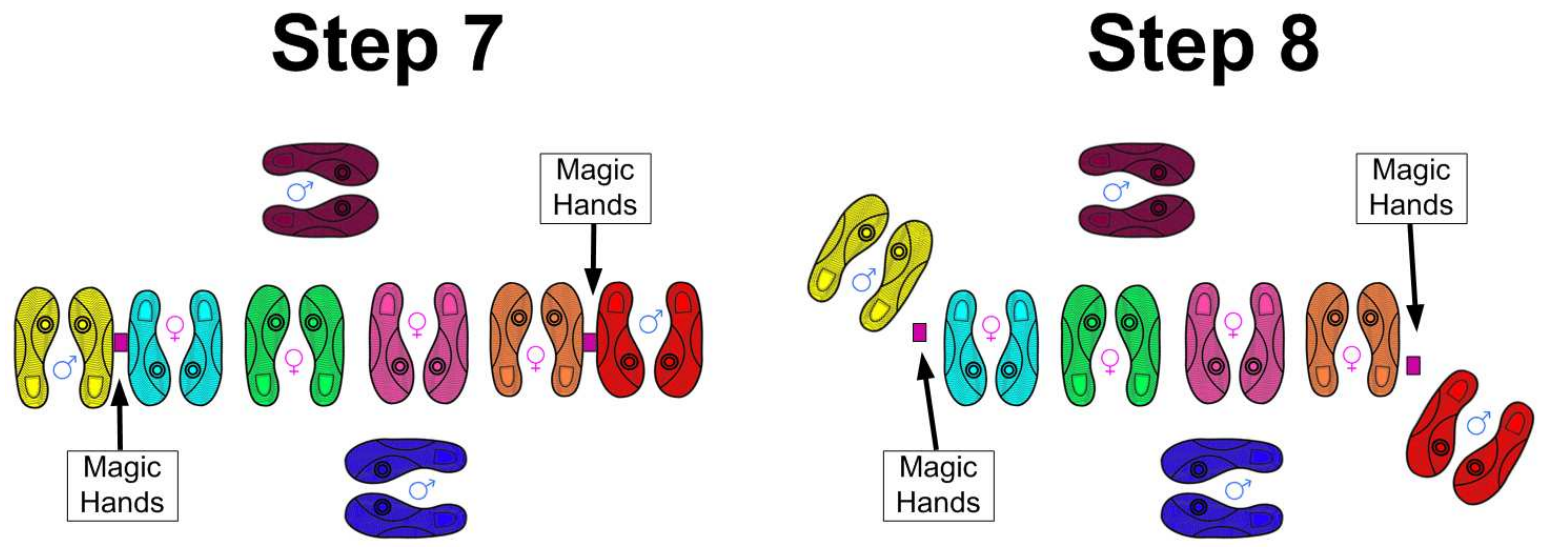
Name of Call	Description
Relay the Deucey (Part 6)	<p data-bbox="359 284 1963 349">At the end of the Grand Swing Thru, the circulating girls join the ends of the wave. See Step 6 (Step 5 is repeated for ease of comparison.)</p> <div data-bbox="535 414 1795 885" style="text-align: center;"> <div style="display: flex; justify-content: space-around;"> <div style="text-align: center;"> <h3 data-bbox="709 414 919 479">Step 5</h3>  </div> <div style="text-align: center;"> <h3 data-bbox="1381 414 1591 479">Step 6</h3>  </div> </div> </div>

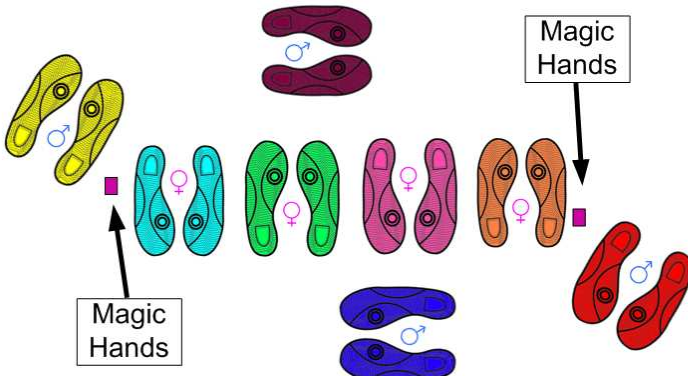
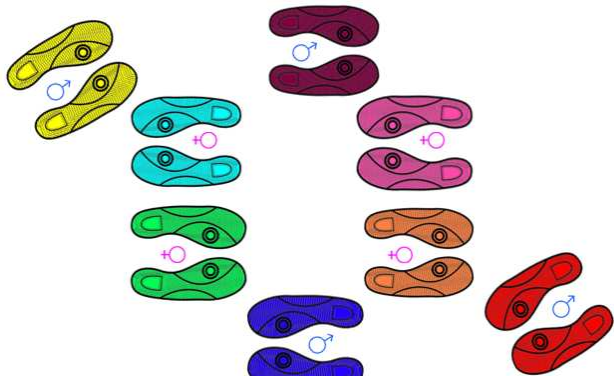
Name of Call	Description
Relay the Deucey (Part 7)	<p data-bbox="357 284 1627 316">Those in the wave now do a ½ by the right. See Step 7 (Step 6 is repeated for ease of comparison.)</p> <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;"> <h3 data-bbox="640 454 871 527">Step 6</h3>  </div> <div style="text-align: center;"> <h3 data-bbox="1480 454 1711 527">Step 7</h3>  </div> </div>

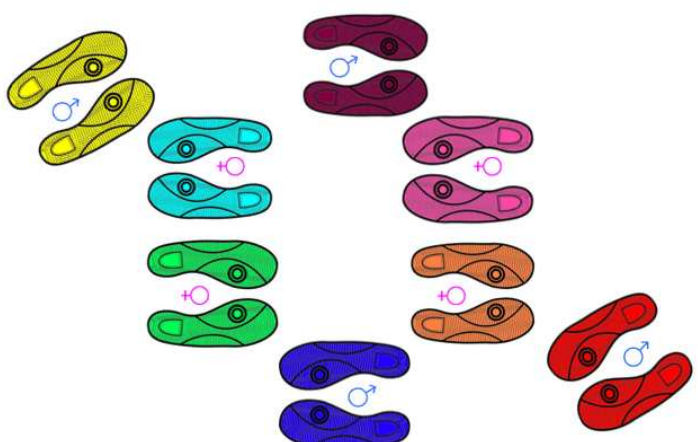
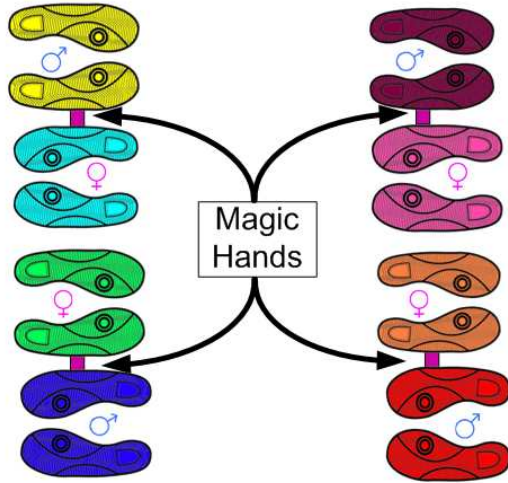
Name of Call	Description
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Relay the Deucey (Part 8)

Two more boys now drop off the end of the wave and start to circulate. See Step 8 (Step 7 is repeated for ease of comparison.)



Name of Call	Description
Relay the Deucey (Part 9)	<p>The two girls on either end of the wave now turn $\frac{3}{4}$ by the left. See Step 9 (Step 8 is repeated for ease of comparison.)</p> <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;"> <h3>Step 8</h3>  </div> <div style="text-align: center;"> <h3>Step 9</h3>  </div> </div>

Name of Call	Description
Relay the Deucey (Part 10)	<p>Finally, the circulating boys step up to become ends of the newly-formed ocean waves. See Step 10 (Step 9 is repeated for ease of comparison.)</p> <p>As indicated in the various diagrams, you always get on and get off of the wave with your Magic Hand. Additionally, you end up with your original partner in your Magic Hand.</p> <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;"> <h2 data-bbox="693 581 945 662">Step 9</h2>  </div> <div style="text-align: center;"> <h2 data-bbox="1480 581 1774 662">Step 10</h2>  </div> </div>

Name of Call	Description
Relay the Deucey (Part 11)	<p>The details of Relay the Deucey are presented in the previous ten table entries. This portion of the discussion will provide additional tips that can make it easier to master the relatively complex call.</p> <ul style="list-style-type: none"> • When the call is given, quickly note and remember the person in your right hand. This is your Magic Hand partner who you will meet several times during the call. • When the call is given, quickly note whether you are facing in or out of the overall formation. If you are facing in, then you will be one of the dancers going through the long wave in the middle. If you are initially facing out, then you will be one of the dancers who circulate around the perimeter. • If you are an in-facing girl when the call is given, you know that you will be meeting up with your Magic Hand partner and getting on the wave almost immediately. You will work your way through the wave and meet your Magic Hand partner again at the opposite end of the formation. • If you are an out-facing girl when the call is given, you know that you will need to circulate to the opposite end of the formation before you will meet your Magic Hand partner and get on the wave. • If you are an out-facing boy when the call is given, you know that you will be meeting up with your Magic Hand partner and getting on and then back off the wave almost immediately. You will then be circulating to the opposite end of the formation to meet up with your Magic Hand partner again. • If you are an in-facing boy when the call is given, you know that you will need to work your way through the wave to the opposite end of the formation before you will meet your Magic Hand partner again when she will get on and you will get off the wave. • If you are one of the circulating dancers, then you know that your Magic Hand partner is going through the wave, since you will be meeting again at the opposite end of the formation. As you circulate, it is helpful to stay aware of your Magic Hand partner's progress through the wave, so that you can match your speed to your partners. That way, you arrive at the far end of the formation at the same time. <p style="text-align: center;"> TAMinations Demo Saddlebrooke Video </p>
Single Circle to a Wave	<p>Starts with pairs of dancers facing each other. Facing dancers join both hands and circle left half way around with the pivot point between them. Without stopping, they drop hands with each other, individually veer left, and step into a right-hand wave.</p> <p style="text-align: center;"> TAMinations Demo Saddlebrooke Video </p>

Name of Call	Description
Spin Chain the Gears	<p>Starts from parallel ocean waves. Each end boy and the adjacent center girl turn $\frac{1}{2}$ by the right. The new centers (boys) of each ocean wave turn $\frac{3}{4}$ by the left to form a new ocean wave across the set. The center boys trade and then release hands with each other. Up to this point, this call is identical to Spin Chain Thru.</p> <p>As the boys are rotating and trading, the four girls do a U Turn Back. Once the boys have completed their trade in the center of the wave and released hands, all four dancers on each side of the set form two left-hand stars and turn them $\frac{3}{4}$. This will form a new wave of girls across the set. Center girls of this wave trade, while all four boys peel off toward the outside of the formation to become ends of a new ocean wave. The two outside pairs of girls now cast off $\frac{3}{4}$ to become centers in the two new parallel ocean waves.</p> <p style="text-align: center;"> TAMinations Demo Saddlebrooke Video </p>
Spin Chain and Exchange the Gears	<p>Starts from parallel ocean waves. The first part of this call is identical to Spin Chain the Gears. So, couples will turn $\frac{1}{2}$ by the right. The boys will turn $\frac{3}{4}$ by the left as the girls do a U-turn back. The center boys trade and release hands. All four dancers on each side of the set form two left-hand stars.</p> <p>Now, before turning the stars, the out-facing girl on each side should raise her hand. She will be the leader, and the other dancers in her star will follow her during the rest of the call. Now turn the stars $\frac{3}{4}$. This will place the two leaders next to each other. The leaders now lead the star out to the right, around the perimeter of the other star in somewhat of an S pattern. As the leader approaches the far side of the opposite star, the boy immediately behind her takes her right hand with his right hand. Essentially they trade by the right. She pivots as he walks around her and ends as a center dancer facing out. He will end facing in on the end of a new wave. Similarly, the boy trailing the non-leader girl takes her right hand and steps forward to face out on the other end of the new wave. The non-leader girl rotates into a center position of the wave and faces in.</p> <p style="text-align: center;"> TAMinations Demo Saddlebrooke Video </p>

Name of Call	Description
Teacup Chain	<p data-bbox="359 284 1892 386">Starts from a normal squared set. There is a lot of action in this call, but each part is quite simple. The caller might say, “Head ladies to the center for a Teacup Chain.” All four ladies work their way around the square in a counterclockwise direction (toward their corners), while the men stay home. The ladies need only do the following:</p> <ul data-bbox="409 430 1976 836" style="list-style-type: none"> <li data-bbox="409 430 1927 462">• When the call is given, quickly note whether you are a head or side lady. This determines the path you will start on. <li data-bbox="409 470 1976 641">• Anytime you are in a head position, you first meet the girl coming from the other head position and do an arm turn with her using your free hand. Continue turning until you can extend your free hand to the next sequential man. When the girls coming from the head positions are turning in the center of the square, they will need to rotate either $\frac{3}{4}$ or $1\frac{3}{4}$ turns in order to smoothly move on the next sequential boy as they work their way around the square in a counterclockwise direction. <li data-bbox="409 657 1829 690">• Anytime you are in a side position, you walk toward your corner and extend your free hand for an arm turn. <li data-bbox="409 698 1963 755">• Anytime you encounter another dancer (either one of the boys or another lady in the middle of the set), do an arm turn with your free hand. <li data-bbox="409 771 1900 836">• Continue moving around the set in this way until you reach your original partner, who will courtesy turn you into position. <p data-bbox="359 876 1969 1161">The boys’ responsibility during the Tea Cup Chain call is to help direct the girls when they first start and as you do arm turns with the girls. If you are a head man, you always send the girl toward the center. Similarly, if you are a side man, you always send the girl diagonally to your right. It is helpful to position yourself midway between the normal boy and girl positions so you can easily pivot in either direction as needed. As a lady approaches you during the call, you simply do an arm turn with her. If you note which hand she is extending to you, then you will know which direction the arm turn must go. As you complete the arm turn, simply release the girl in the proper direction (toward the center or on the diagonal) as determined by your position in the set. When your original partner approaches after completing her trip around the formation, courtesy turn her into normal position.</p> <p data-bbox="814 1209 1075 1242" style="text-align: center;">TAMinations Demo</p> <p data-bbox="1255 1209 1516 1242" style="text-align: center;">Saddlebrooke Video</p>

Name of Call	Description
Track II	<p data-bbox="359 282 1955 386">Starts from a completed double pass thru formation as shown in the following diagram. The lead ladies make a sharp U-turn back to their left and walk to the opposite end of the formation (red track). The trailing ladies simply follow the lead ladies. The ladies will form centers of two waves.</p> <p data-bbox="359 428 1965 496">The boys follow an outside track (blue) that leads them to their right around the outside perimeter of the formation. They will take positions on the ends of the new waves.</p> <div data-bbox="617 537 1724 1203" style="text-align: center;"> <p>The diagram illustrates the 'Track II' call in three stages: 'Start', 'Two Tracks', and 'End'. Start: A 4x2 grid of dancers. The left column consists of four pairs of blue dancers (labeled with a male symbol). The right column consists of four pairs of green dancers (labeled with a female symbol). Two Tracks: The dancers are shown in a circular arrangement. A red track starts at the top right and moves clockwise. A blue track starts at the top left and moves clockwise. Dotted lines indicate the paths of the dancers. End: The dancers are now arranged in two horizontal rows. The top row has six pairs of dancers in the following order from left to right: purple (male), orange (female), orange (male), light blue (female), light blue (male), and red (female). The bottom row has six pairs of dancers in the following order from left to right: yellow (male), yellow (female), green (male), green (female), pink (male), and blue (female).</p> </div> <p data-bbox="816 1284 1075 1317" style="text-align: center;">TAMinations Demo</p> <p data-bbox="1257 1284 1516 1317" style="text-align: center;">Saddlebrooke Video</p>

Name of Call	Description
Trade the Wave	<p data-bbox="359 284 1963 386">Starts from ocean waves. Dancers who are facing the same in the same direction in a particular wave simply walk forward in a semicircle (passing right shoulders) and trade places in the wave. End dancers become centers and center dancers become ends.</p> <p data-bbox="359 430 1963 570">Although it's not actually part of the call itself, many callers prompt the dancers for a Trade the Wave call by telling them to "Take a peek". In response to that direction, the dancer all lean forward briefly to identify the other person in their wave who is facing in the same direction. Then, when the caller says, "Trade the Wave", the dancers know where they are going, and it causes less confusion as all four dancers in the line begin changing places with each other.</p> <p data-bbox="816 649 1075 678">TAMinations Demo</p> <p data-bbox="1257 649 1516 678">Saddlebrooke Video</p>